

## 2011 TRUCKEE TAHOE MEDICAL GROUP COMMUNITY AND MENTAL HEALTH RESOURCES PSYCHIATRY/PSYCHOLOGISTS/THERAPISTS

Tahoe Truckee Resource Collaborative- online resource guide for area  
[www.communitycollaborative.org](http://www.communitycollaborative.org)

Psych Central – reliable online information  
Psychcentral.com

Community Reovery Resources Nevada County Outpatient Program For Chemical Dependency Evaluations and Treatment	587-8194	(Truckee)
Resource Center of Truckee Familia Centro De Recursos En Truckee Multicultural Resources and referrals Legal Self Help	587-2513	(Truckee)
Nevada County Teen Services CONFIDENTIAL Counseling, Birth Control, Peer Health Education Drop in Weds. 1 to 4 p.m.	582-7814	(Truckee- Nevada Co.)
Nevada County Mental Health Counseling and Referrals	582-7803	(Truckee – Nevada Co.)
Nevada County Mental Health Mental Health Crisis Number	582-7807 265-5811	(Truckee - Nevada Co. 24 hr)
North Tahoe Family Resource Center Community Based services referrals for: Medical, Mental health & substance abuse, Translation, ESL classes, parenting classes.	546-0952	(Kings Beach)
Placer County Health and Human Services Adult System of Care Mental Health, substance abuse treatment and support services.	889-7240 or 581-4054	(Placer Co.)

Sierra Family Services General counseling and Mental Health, chemical dependency programs. Sliding fee scale, Spanish speaking.	581-4054	(Tahoe City)
Sierra Agape Center Kimball Pier, LMFT Therapy on a donation basis	414-1885	(Truckee)
Tahoe Women's Services Low cost counseling, safe-house, Domestic violence & child abuse programs.	546-7804	(Kings Beach)
Alcoholics Anonymous Listings for entire Truckee, Tahoe, and Sierra Valley area.	546-1126	(Truckee/Tahoe)
Narcotics Anonymous	546-1116	(Truckee/Tahoe)
Center for Hope of the Sierra's Eating Disorders	775-322-4511 (Reno) 775-828-4949 775-323-2727	
Kirk Ditterich, MSW Psy.D Psychology	582-6450	(Truckee)
Barbara Draheim, Ph.D Child, Adolescent, Individual Marital	581-0385 (Tahoe City) 775-831-7204 (Incline Village)	
James Draper, Ph. D Individual, Anxiety, Depression, CBT	775-323-6766 (Reno)	
Robb Gaffney, M.D. Psychiatry	583-4233	(Olympic Valley)
Rolf Godon, Ph.D Couples, Parenting, anxiety, Depression, divorce mediation	582-2557	(Truckee)

Ronald Haimowitz, Ph.D Anxiety, Depression	550-1510	(Truckee)
Bruce Hill, MFT Grief, Relationships	581-1358	(Carnelian Bay)
Barbara Ilfeld, MSN, RNCS Family, Adolescent	581-3567	(Squaw Valley)
Ben Kaufman, M.D. Psychiatry/Psychoanalysis	562-0737 916-733-5055	(Truckee)
Barbara Kramen-Kahn. Ph.D Adults, Stress, anxiety Substance abuse, Transitions	582-5459	(Truckee)
Linda Long, LCSW Adults, anxiety, depression, Divorce, couples/family, mood Disorders, grief	587-1978	(Truckee)
Geri Meyer, MFT Anxiety, depression, Couples	583-2828	(Tahoe City)
William McGunnigle, PhD ADD/ADHD, Anxiety	550-1040	
Mai Nguyen, M.D. Psychiatry	587-5877	(Truckee)
Christopher Old, MFT Adults, children, teens Family, Spanish Speaking	582-4171	(Truckee)
Polly Ryan, MFT Child, Adolescent, divorce, Depression, anxiety, parenting	527-1978	(Truckee)
Shannon Ryan, MFT Parenting, Grief, Depression	470-9414	(Truckee)

Alaina Reichwald, MFT Families, child behavior, couples	587-1978 (Truckee)
Thomas Sheehan, Ph.D Child, Adult, Marriage	775-831-3379 (Incline Village)
Constance Sheltren, Ph.D Child, Adolescent, Adult	582-0874 (Truckee)
Sierra Mountain Health** Robert Shubinski, M.D. Philip Rich, M.D. Zora Young, M.D. Abdolla Assad, M.D. Psychiatry **ADAD, Child, Adolescent, Adult, Drug Abuse	775-329-1717 (Reno)
Elissa Slanger, Ph.D Depression, Anxiety, Sport Performance, recovery	587-0887 (Truckee)
Anita Spencer, Ph.D Grief, Depression, Crisis Management, couples	582-5756 (Truckee)
Gerri Steinagel, M.D. Psychiatry all ages	775-329-4284 (Reno)
Jan Susman, MFT Marriage, Family	582-4977 (Truckee)
Amy Vail, Psy.D Group, Family, Adults Adolescents, CBT	581-2539 (Olympic Valley)